The University of Texas at El Paso

Curriculum Change Proposal

Approval Page

Proposal Title: Professional and Public Programs Physical Education Course Changes

Department Chair
I have read the enclosed proposal and approve this proposal on behalf of the department.

Signature

Date: 12/11/2018

College Curriculum Committee Chairperson
I have read the enclosed documents and approve the proposal on behalf of the college curriculum committee.

Signature

Date: 12-11-18

College Dean
I have read the enclosed documents and approve the proposal on behalf of the college. I certify that the necessary funds will be allocated by the college in support of this proposal.

Signature

Date: 1/2/2019

Graduate Council/Undergraduate Curriculum Committee

Council Action: □ Approved □ Returned to the College

Date of Action Report: ______________________

Signature, Chairman

Date: ______________________
I. Introduction

The Department of Kinesiology seeks approval to make minor changes to the one semester credit hour Physical Education (PE) Activity Courses that are currently offered as one-hour credit to all UTEP students through the Department of Kinesiology, but are managed by Professional and Public Programs (P3).

We propose changing the names of various PE courses to better reflect the modern nomenclature of physical activity, conditioning and exercise to communicate more clearly to UTEP students what activities are offered in these courses. The changes in names and course numbers will streamline the catalogue listings and make it easier for students to find courses of interest and provide us greater flexibility in offering a variety of fitness activities.

Department of Kinesiology Curriculum Revision Fall 2018 Document List

Appendix A: Course Change Forms for select Physical Education classes

Appendix B: Undergraduate Catalog Description (in Track Changes)
Appendix A
Course Change Form

Subject Prefix__________ PE 1101 ____________

Title: ______Activity Course____

Directions: List all items that are being changed in a from/to format:

<table>
<thead>
<tr>
<th>Change</th>
<th>From</th>
<th>To</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course Name</td>
<td>Activity Course</td>
<td>Fitness for Life</td>
</tr>
</tbody>
</table>

Rationale for Changing the Course

The title Activity Course is not an accurate reflection of the content of the course, because the multiple courses offered under this title vary greatly depending on the instructor’s expertise and student interest. Courses that are currently offered as Activity Courses include Boot Camp, Body Fitness, Body Sculpting, Cardio Circuit, Pilates, Spinning, and Zumba. Fitness for Life is a more descriptive term encompassing the variety of physical fitness activities that can be performed throughout the life span, rather than “Activity Course” which could mean anything, from knitting to mountaineering.

Change current catalog description from:

PE 1101. Activity Course.
Activity Course (0-3) Activity course. Co-educational. May be repeated for credit. Open to all students. Various topics TBA. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

To:

PE 1101. Fitness for Life.
Fitness for Life (0-3). Various topics are offered in different course sections, focused on improving physical fitness for life. See course offerings for specific topics. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour
Course Change Form

Subject Prefix: PE 1106

Title: Water Aerobics

Directions: List all items that are being changed in a from/to format:

<table>
<thead>
<tr>
<th>Change</th>
<th>From</th>
<th>To</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course Name</td>
<td>Water Aerobics</td>
<td>Aquatics</td>
</tr>
</tbody>
</table>

Rationale for Changing the Course

The title Water Aerobics has lost its appeal to modern audiences. Aquatics is a more general title more frequently used these days for fitness activities in the water, and the label for equipment used for these activities. Changing the title of the course reflects current practices more accurately and is generic enough that multiple aquatic activities can be offered under this title depending on instructor expertise and student interest.

Change current catalog description from:

PE 1106. Water Aerobics.
Water Aerobics (0-3) Activity course. Co-educational. May be repeated for credit. Open to all students. Physical Education Course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

To:

PE 1104. Aquatics.
Aquatic Fitness (0-3) Activity Course. Course sections focus on improving cardiovascular and muscular fitness through physical activities in aquatic environments; see semester course offerings for specific topics. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour
Course Change Form

Subject Prefix ___________ PE 1151 ___________

Title: _______Beginning Karate

Directions: List all items that are being changed in a from/to format:

<table>
<thead>
<tr>
<th>Change</th>
<th>From</th>
<th>To</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course Name</td>
<td>Beginning Karate</td>
<td>Martial Arts</td>
</tr>
</tbody>
</table>

Rationale for Changing the Course

The title Beginning Karate is no longer an accurate reflection of the content of the course, because the content of the course is no longer limited to the sport of karate, and incorporates several forms of martial arts depending on the qualifications of the instructors. Currently, the courses offered under the title Beginning Karate are Beginning Karate, Jui-Jitsu, Kickboxing, and Intermediate Kickboxing. These are all considered Martial Arts.

Change current catalog description from:

PE 1151. Beginning Karate.
Beginning Karate (0-3) Activity Course. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

To:

PE 1151. Martial Arts.
Martial Arts (0-3) Activity Course offering various forms of martial arts in different course sections; see semester course offerings for specific topics. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour
Course Change Form

Subject Prefix ___________ PE 1173 ___________

Title: ___________ Soccer

Directions: List all items that are being changed in a from/to format:

<table>
<thead>
<tr>
<th>Change</th>
<th>From</th>
<th>To</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course Name</td>
<td>Soccer</td>
<td>Team Sports</td>
</tr>
</tbody>
</table>

Rationale for Changing the Course

Rather than listing each team sport separately, we prefer to gather them under the title “Team Sports” which will provide us the flexibility to offer various team sports, simplify scheduling and increase the variety of sports offered to such non-traditional team sports as tchoukball and ultimate frisbee for which we do not have course numbers,

Change current catalog description from:

PE 1173. Soccer.
Soccer (0-3) Activity Course. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

To:

PE 1173. Team Sports.
Team Sports (0-3). Activity Course offering various forms of team sports in different course sections; see semester course offerings for specific topics. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour
Course Change Form

Subject Prefix__________ PE 1194 ____________

Title: ______Beginning Weight Training

Directions: List all items that are being changed in a from/to format:

<table>
<thead>
<tr>
<th>Change</th>
<th>From</th>
<th>To</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course Name</td>
<td>Beginning Weight Training</td>
<td>Weight Training</td>
</tr>
</tbody>
</table>

Rationale for Changing the Course

The title Beginning Weight Training suggests to students that only individuals with no experience in weight training should enroll in this course. That is not accurate. Students with various levels of experience in weight training can enroll in this course. The course is open to individuals of all skill levels, ranging from beginning to advanced.

Change current catalog description from:

PE 1194. Beginning Weight Training.
Beginning Weight Training (0-3) Activity Course. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

To:

PE 1194. Weight Training.
Weight Training (0-3) Activity Course. Course offers beginning through advanced weight training with individualized muscular fitness programming and periodization. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour
Appendix B

Physical Education Catalog Changes

**PE 1101. Activity Course.**
Activity Course (0-3). Activity course. Co-educational. May be repeated for credit. Open to all students. Various topics TBA. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

**PE 1101. Fitness for Life.**
Fitness for Life (0-3). Various topics are offered in different course sections, focused on improving physical fitness for life. See course offerings for specific topics. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

**PE 1104. Aerobic Dance.**
Aerobic Dance (0-3) Activity course. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

**PE 1106. Water Aerobics.**
Water Aerobics (0-3) Activity course. Co-educational. May be repeated for credit. Open to all students. Physical Education Course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

**PE 1104. Aquatics.**
Aquatic Fitness (0-3) Activity Course. Course sections focus on improving cardiovascular and muscular fitness through physical activities in aquatic environments; see semester course
offerings for specific topics. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

PE 1116. Basketball.
Basketball (0-3) Activity course. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

PE 1122. Conditioning.
Conditioning (0-3) Activity course. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

PE 1125. Cheerleading.
Cheerleading (0-3) Activity course. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

PE 1128. Beginning Fencing.
Beginning Fencing (0-3) Activity course. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

PE 1151. Beginning Karate.
Beginning Karate (0-3) Activity Course. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.
PE 1151. Martial Arts.
Martial Arts (0-3) Activity Course offering various forms of martial arts in different course sections; see semester course offerings for specific topics. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

PE 1152. Intermediate Karate.
Intermediate Karate (0-3) Activity Course. Co-educational. May be repeated for credit. Open to all students. Beginning karate strongly recommended prior to enrollment in this course. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

PE 1154. Kick Boxing.
Kick Boxing (0-3) Activity course. Co-educational. May be repeated for credit. Open to all students. Physical Education Course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

PE 1157. Military Conditioning.
Military Conditioning (0-3) Activity Course. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

PE 1164. Beginning Racquet.
Beginning Racquetball (0-3) Activity Course. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.
1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

PE 1166. Advanced Racquetball.
Advanced Racquetball (0-3) Activity course. Co-educational. May be repeated for credit. Open to all students. Physical Education Course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

PE 1173. Soccer.
Soccer (0-3) Activity Course. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

PE 1173. Team Sports.
Team Sports (0-3). Activity Course offering various forms of team sports in different course sections; see semester course offerings for specific topics. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

PE 1178. Beginning Swimming.
Beginning Swimming (0-3) Activity Course. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

PE 1180. Advanced Swimming.
Advanced Swimming (0-3) Activity Course. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.
1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

PE 1182. Tennis Beginning.
Beginning Tennis (0-3) Activity Course. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

PE 1188. Volleyball.
Volleyball (0-3) Activity Course. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

PE 1194. Beginning Weight Training.
Beginning Weight Training (0-3) Activity Course. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour

PE 1194. Weight Training.
Weight Training (0-3) Activity Course. Course offers beginning through advanced weight training with individualized muscular fitness programming and periodization. Co-educational. May be repeated for credit. Open to all students. Physical education course fee required.

1 Credit Hour
3 Total Contact Hour
3 Lab Hour
0 Lecture Hour
0 Other Hour